

*Bring your kids on  
the water with us...*



## SEABREEZE KITESURFSCHOOL

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### APPLECROSS

Melville Beach Rd  
Melville 6153

### ROCKINGHAM

Safety Bay  
Rockingham 6168



# Kids Kite Academy

### WEBSITE

seabreezekitesurfschool  
@gmail.com

### FACEBOOK

@ seabreezekitesurfschool

### INSTAGRAM

@ seabreezekitesurfschool

# JUNIOR PROGRAM

The junior program is designed to be fun and teach kids from basic kite flying skills to their first jumps. Our special program is the first and only complex training program for water sport addicted groms in Australia.

To make this program complete, we offer next to weekly kitesurfing training session in our top flat water spots also fitness session with a professional physio and sports therapist. As we know how important the right development of kids training water sports is, we are happy to offer special nutrition consulting as well.

Not only kitesurfing, but also training at the wakepark, with the SUP and fitness sessions are part of the program, as well as specialty clinics and activities.



## KITE TRAINING SESSIONS

We offer a weekly training program dedicated to young riders. With video analyses we are getting the kids quickly to the next level. We use high quality equipment, professional and qualified instructors, and above all a great passion and professionalism.

## FITNESS COACHING

With our professional physio and sports therapist we will have fitness coaching especially tailored for kids in the water sports sector to protect them of health problems in the future.

## NUTRITION PLAN

Together with our experienced nutritionist we will develop a diet plan tailored for the kids needs, that want to become professional riders with frequently training sessions.

## EXTRA FUN

To cover non windy days with some water action, we will organize sessions at the wake park and Stand Up Paddle Board lessons to improve the fitness and balance.